# 31 Days of Prayer - adapted from PCA prayer guide

Charles Spurgeon once said, "Many mercies are transported from heaven in the ship of prayer." Unite with us in prayer as we ask God to shower mercy upon His people. Every day, we will focus on a different attribute of God to help guide our prayers.

We want you to:

- · Pray with Confidence According to Scripture
- · Practice Journaling Your Prayers
- · Unite with Other Believers in Praver
- · Experience the Transformative Power of Prayer

# Day 1 - God is infinite and unchanging in being

Scripture: Exodus 3:14; Malachi 3:6

Prayer:

- · Remind us that our hope is in the eternal not in our current circumstances and help us to safely share that hope with those around us.
- · As our reality changes almost moment by moment and day by day, help us to cling to Your unchanging constancy.
- · You stand outside time and space and know what we must do to get through this time. Grant us Your wisdom.

# Day 2 - God is infinite in glory and blessedness

Scripture: Acts 7:2, 1 Timothy 6:15

Prayer:

- · We confess that we have sought glory in sports, entertainment, a pursuit of beauty and achievement, through education and experiences, and we have not sought You. Forgive us.
- · Give us eyes to see Your glory now and help us, Your image-bearers, to carry Your glory into the dark places.

#### Day 3 - God is infinite in perfection - holiness

Scripture: Isaiah 6:1-5

Prayer:

- $\cdot$  In the presence of Your holiness, we are acutely aware of our sin. We confess, in the face of this crisis, we have been tempted to be selfish, to hoard resources, and to think more about our own needs than the needs of our neighbors. Forgive us.
- · Make us more like Jesus. During these hard days, teach us to lovingly sacrifice for those You have given us to love: our families, our neighbors, our communities.

# Day 4 - God is all sufficient

Scripture: Genesis 17:1

Prayer:

- · Lord, we confess it is easy to look to those around us—our government, our employer, our healthcare system—to meet our needs.
- · Remind us that You are the only One who can sustain us. May we finally see we need You in every moment of our days

#### Day 5 - God is incomprehensible

Scripture: 1 Kings 8:27

Prayer:

- · Lord, we don't know why You have allowed Covid-19, but we know that only You can use it for our good.
- · We cling to Your big-ness, that Your ways and thoughts are higher than ours, and that You are doing far beyond what we can see.
- · We seek Your purpose and redemption of this situation.

# Day 6 - God is Omnipresent - everywhere present

Scripture: Psalm 139:1-13

Prayer:

- · Lord, you are our ever-present Help in times of need.
- · Sometimes we feel lonely and rejected, forgotten by You, but Your Word tells us You will never leave us nor forsake us. So, Lord, help us to feel Your presence in our circumstance.
- · Be especially with the weakest and most vulnerable in our population.

# Day 7 - God is Omnipotent - Almighty

Scripture: Revelation 4:8

Prayer:

- · As the world around us seems to be falling apart, we cling to Your sovereignty.
- · Strengthen our faith and help us to rest in Your divine power

# Day 8 - God is Omniscient - all knowing

Scripture: Hebrews 4:13; Psalm 147:5

Prayer:

- · Lord, this virus is not a surprise to You. You knew about it and its dangers long before we did. And You already know how You can use it for our good, to refine us, and to teach us to depend on You.
- · Help us to trust, calm our doubts and fears, and teach us what we need to do so that we can be faithful stewards of this time.
- · Also, teach those who are researching treatments and cures for this disease.

# Day 9 - God is most wise

Scripture: Romans 16:27; James 3:17-18

Prayer:

You tell us in James to ask for wisdom, so, right now, we ask for Your wisdom.

- · We confess that we think ourselves wise in our own eyes, and we fail to seek Your guidance. Forgive us.
- · In Your wisdom, Lord, guide our leaders, our churches, and us, as individuals, on how to best navigate this situation.

#### Day 10 - God is most just - Justice

Scripture: Deuteronomy 32:4

Prayer:

- · Lord, it's so easy to respond to crisis with anger at the injustices we see around us.
- · Remind us that You are a perfect Judge, that You are the Defender of righteousness, and that we can trust in Your eternal justice.
- · Help us to be agents of Your justice as we have opportunity.

# Day 11 - God is most merciful and gracious

Scripture: Exodus 34:6

Prayer:

- · Thank You for Your abundant mercy and grace. Thank You that You don't treat us as our sins deserve. Help us to see our sin in relation to Your mercy so we may be humbled.
- · Help us carry Your mercy into our homes, our neighborhoods, our communities, and around the world, so Your people will reflect Your grace and mercy.

# Day 12 - God is patient - long suffering

Scripture: 2 Peter 3:9

Prayer:

- · Oh, Lord, You are so much more patient than we are. Your timing is perfect, but sometimes we forget.
- · Help us to be patient as You are patient.
- · As we wait, fill us with Your peace and help us to trust in Your timing.

#### Day 13 - God is our provider - abundant in goodness

Scripture: Psalm 144:13, 1 Timothy 6:17

Prayer:

- · Lord, thank You for Your abundant provision. It is so easy to see what we don't have and not to see Your many blessings. Forgive us.
- · Help us trust in You. Please comfort those directly hurt by the quarantine. Be with the workers, who live paycheck to paycheck or don't know how they are going to care for their families. You are their Provider, let them see Your faithful provision.
- Pour out Your generosity through Your people and Your churches. May we be as generous as You are.

#### Day 14 - God is abundant in truth

Scripture: Deuteronomy 32:4, Hebrews 6:18

Prayer:

- · Lord, we are so easily led astray, so easily distracted, and we believe lies so quickly. Please, remind us of what is true.
- Draw us to Your Word daily. Lead us to worship and to listen to podcasts and sermons that fill our hearts and minds with what is true, noble, and trustworthy.

#### Day 15 - God is our healer

Scripture: Exodus 15:26

Prayer:

- · We need You to heal
  - o Those struck by Covid-19—the sick and suffering.
  - Those suffering from spiritual blindness.
  - Our land, which is filled with modern idolatry.
  - Your people, who are hurting and fearful.

#### Day 16 - God is our comforter

Scripture: Psalm 23:4, 2 Corinthians 1:3

Prayer:

- · In these times of suffering, we need Your comfort. Give us Your presence, Your peace, Your eternal perspective.
- · Fill our minds with Your truth and fill our hearts with Your courage.
- · Comfort us, so we may be a comfort to others.

#### Day 17 - God is our protector

Scripture: Psalm 59:1, Psalm 68:5, Psalm 91:4

Prayer:

- · We can be brave and courageous and live without fear because our trust is not in our wise practices but in You. May that knowledge not make us foolish, but faithful.
- · We also ask for Your miraculous protection for our healthcare workers, first responders, and those most vulnerable.

## Day 18 - God is our defender

Scripture: Exodus 14:14, Deuteronomy 1:30 Prayer:

- Fear can make us angry or selfish. Lord, help us to remember You are our Defender.
  - · Where there is conflict, will You bring peace? Where there is confusion, will You bring understanding? Where there is anger, will You bring mercy? And where there is division, will You bring unity? Help us to not give the devil a foothold in our homes, our churches, or our nation.

#### Day 19 - Love

Scripture: Isaiah 63:7, 1 John 4:7-8

Prayer:

· You tell us that the world will know we are Your followers because of our love for one another because You are love. Help us to be agents of Your love.

· Help us to love our families, our communities, and our nation.

### Day 20 - Joy

Scripture: Psalm 16:11, Romans 15:13

Prayer:

- · We confess, sometimes our joy is dependent on our circumstance, not our faith.
- · May we find our joy overflowing because of Your presence in our lives and the eternal hope we have in Christ Jesus.

## Day 21 - Peace

Scripture: Isaiah 9:6, Romans 14:17

Prayer:

- · The only way we can be agents of peace is by Your presence because of the work of Christ.
- · Lord, help us to be anchored to You—not our circumstances—because You are the Prince of Peace.
- · And help us to remember that ultimately our fight for peace was won at the cross and through the resurrection. We don't have to do anything more, because You have already done it all.

#### Day 22 - Self Control

Scripture: 2 Timothy 1:7

Prayer:

- · Oh, Lord, how easy it is to face this crisis by either indulging our desires— shopping online, eating and drinking too much, binging on streaming services or online games—or by indulging our fears. May we have self-control that reflects our eternal values and may we live according to the Spirit.
- May we use this time strategically.

# Day 23 - Gentleness

Scripture: Matthew 11:29, Galatians 5:22-23

Prayer:

- · Lord, this world is hard, and sometimes we equate gentleness with weakness. But You called Yourself gentle, and Your gentleness never compromises Your strength.
- · During these trying times, help us to reflect on Your gentleness.
- · Help our gentleness to be in direct contrast to the hardness of this world in a way that brings glory and honor to Your name.

#### Day 24 - Compassionate

Scripture: Psalm 86:15, James 5:11

Prayer:

· At the tomb of Your friend, You wept. The very act of leaving the glory of heaven to walk in a sinful world reveals Your compassion. Thank You that You see and care.

- · Oh, Lord, we are so broken by sin that it is easier to think of ourselves than to see the needs of others. Only through the presence of Your Spirit can we hope to compassionately care for our neighbors, those in our community, and even our nation.
- · Grow our hearts and give us eyes to see others the way You do and hearts to care for the vulnerable.

# Day 25 - Sustainer and Support

Scripture: Psalm 18:35, Psalm 55:22

Prayer:

- · You call on us to cast our cares upon You because You sustain us.
- · We are weak and the burdens of this world are heavy. We are deeply in need of You!
- · Strengthen our faith that we will not doubt, our resolve to be faithful, and our understanding of our need for Your presence in our lives.

# Day 26 - Helper

Scripture: Psalm 30:10, Psalm 54:4, Psalm 118:7

Prayer:

- · With so much unknown, it would be so easy to quit or give up, but when we bring our burden to You, we can carry on.
- · Your help is different. It doesn't just encourage us, it transforms us. So, Lord, help us to persevere, help us to be faithful, and help us to be like Jesus— for that is our greatest need.

#### Day 27 - Father

Scripture: Psalm 68:5, Psalm 89:26, 1 Corinthians 8:6

Prayer:

- · Because of Christ, now we know you as Father.
- · Oh, Lord, how we want to crawl up into Your lap and know the comfort of Your arms encircling us.
- · Draw us close and help us to know You are near and You care for us even more than our earthly fathers can.

# Day 28 - Salvation

Scripture: Hosea 13:4, 1 Timothy 4:10

Prayer:

- · You are our Salvation; our only hope as we face Covid-19 is You.
- · Have mercy on us, Lord. Save us for Your Name's sake.
- · Deliver us from Covid-19, we pray.

# Day 29 - Redeemer

Scripture: Psalm 34:22, Psalm 77:15

Prayer:

· Lord, only You can take ashes and make something beautiful, and only You can take this catastrophe and use it for our good.

· We cry out for Your redemption. That we won't be defeated or consumed by whatever comes, but that Your Spirit can actually use this crisis in a way that strengthens us individually, that unifies us corporately, and that teaches us things we could never have known or understood without Covid-19.

#### Day 30 - Faithful

Scripture: Psalm 26:3, Psalm 33:4, Psalm 119:90

Prayer:

- · Lord, You are faithful, but we are not. We get distracted and forget what we know is true.
- · Draw us to You. Teach us to walk in Your ways and make us faithful.
- · Use Covid-19 for Your glory. Make us faithful stewards of this time, our resources, and the gospel.

# Day 31 - Shepherd

Scripture: Psalm 23:1, Isaiah 40:11

Prayer:

- · Lord, like sheep we often fall astray.
- · Without you leading us, we would be without hope.
- · Guide us this upcoming year according to your ways.